



Sports



Courier Sentinel

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Thursday, April 3, 2014



Kayla Vavra, Knights sophomore, was the third leg of the girls 4x800 meter relay. The team placed 2nd at the March 25 indoor meet. Vavra also participated in the 1,600-meter run and the girls triple jump, where she placed 4th out of 14 girls. (Photo by Kayla Peche)

Knights begin season at McDonnell invitational

By Kayla Peche

The Lake Holcombe/Cornell Knights track team began their season on top with a first place finish from the girls team March 25, and a 10th place finish for the boys. The teams competed at UW-Eau Claire for the Chippewa Falls McDonnell indoor invitational track meet.

"With the limited number of events that we put each girl in, we didn't expect to win a meet this big," said Jacob Ebner, Knights head track coach.

The girls team took first out of a dozen schools, participating in 15 events that gave the girls 79 points. The boys team ended the meet with 23 points.

"The boys had limited entries as well," Ebner said. "Overall though, the boys team has a lot less experience than the girls team."

The Knights 1,600-meter relay team of junior Thia Moreen and sophomores Elizabeth Sproul, Kayla Vavra and Lexi Moussette led scoring with a 1st place finish. Moreen, Moussette and Vavra, along with senior Anna Burlingame, also scored a 2nd place finish in the 3,200-meter relay.

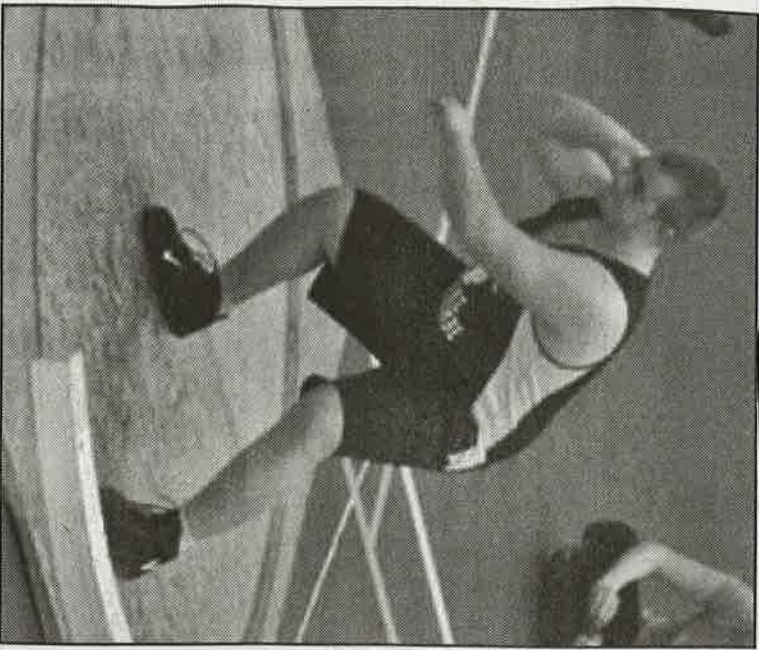
Finishing in 3rd place was Moreen in the 400-meter dash while Sproul was close behind in fifth place. Moussette and Vavra placed 4th and 6th in the 1,600.

"We were just hoping for quality performances," Ebner said. "Those quality performances ended up scoring us a lot of points."

Junior Danielle Gygi placed 7th in the 55-meter hurdles, as did sophomore Sara Stender in the 55-meter dash, Sproul in the shot put and sophomore Jordan Geist in the 200-meter dash. In the pole vault, Moussette placed 5th and Geist finished 8th. Burlingame scored points for the Cornell/Lake Holcombe girls with a 6th place finish in the 800-meter run.

The Knights also earned team points in field events, with Gygi placing 4th in the high jump and junior Katlin Peterson also taking 4th in the long jump. Coach Tim Sime said Stender led a good night for the lady triple jumpers, finishing in second place, followed by Vavra in 4th and Peterson in 5th.

Junior Eric Nedland led the boys team by vaulting to first, a personal best, in the pole vault. Nedland placed 6th in the 55 hurdles, followed by freshman Colton Hetke in 8th and junior Dusty Boehm in 9th. Junior Preston Strzok threw to a 4th place finish in the shot put and senior Caleb White came home 6th in the 1,600.

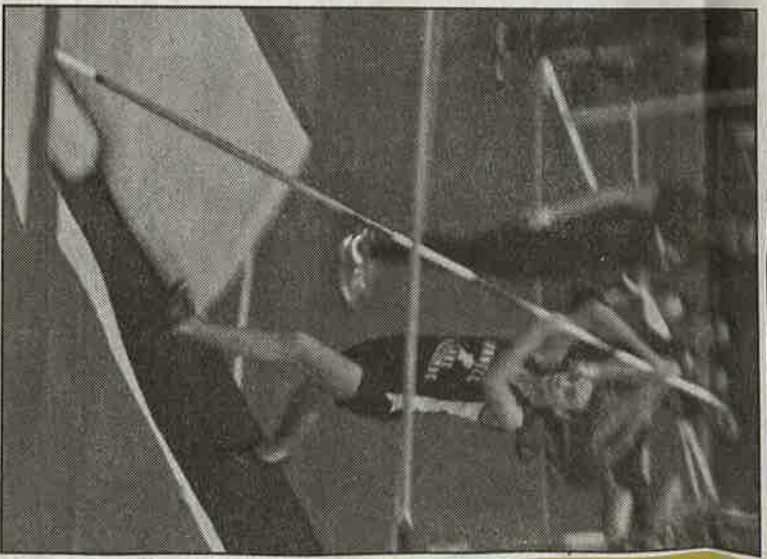


Knights senior Austin Fisk practices his form before the event in the boys shot put March 25. Fisk placed 27 out of 33 at the McDonnell invitational. (Photo by Kayla Peché)



Knights sophomore Sam Peterson ran second in the 4x800 meter relay March 25, at the Chippewa Falls McDonnell invitational at UW-Eau Claire. Peterson also ran the boys 1,600-meter run with a time of 7:06.93.

(Photo by Kayla Peché)



Knights sophomore Jordan Geist attempts the girls pole vault in the UW-Eau Claire indoor track. Geist also participates in the girls long jump and 200-meter dash. In the dash, Geist placed 7th out of 33 girls.

(Photo by Kayla Peché)

Knights place first and third at Ladysmith invitational

By Kayla Peche

The Cornell-Lake Holcombe Knights Track and Field team traveled to Ladysmith April 22, for an outdoor meet.

The girls team won the meet with 176 points and seven schools present. The boys team came in third with 114 points and eight schools participating.

Junior Eric Nedland led the boys in the pole vault and took second in the 110-meter hurdles. Senior Travis Anderson placed first in the boys 200-meter run and second in the boys 100-meter dash. Also for the boys, junior Dusty Boehm took second in the 300-meter hurdles.

The girls relay team of junior Thia Moreen, sophomore Kayla Vavra, senior Anna Burlingame and sophomore Lexi Moussette placed first in the 4x400 and 4x800. Moussette

and Vavra took second and third in the girls 800-meter run. Moreen placed second in the 300 hurdles behind her teammate, junior Danielle Gygi, who also took first in the high jump.

Also for the girls, sophomore Elizabeth Sproul took first in the 400-meter run and Burlingame placed first in the mile run.

The Knights also placed high in the field events. Sophomore Sara Stender placed first in the triple jump and sophomore Courtney Lundmark had a first in the discus throw.

The meet scheduled for April 24 in Bruce, and April 28 in Glenwood, were cancelled because of weather.

SPORTSWEEK

Check school websites for up-to-date times and dates as snow cover has postponed events.

May 1 - 7

— Cadott —

Boys Varsity Baseball

| | | |
|-----------------|---------|-----------|
| Thursday, May 1 | Regis | 5 p.m. |
| Friday, May 2 | Thorp | 5 p.m. |
| Tuesday, May 6 | Altoona | 4:30 p.m. |

Boys Junior Varsity Baseball

| | | |
|----------------|------------|--------|
| Tuesday, May 6 | at Altoona | 5 p.m. |
|----------------|------------|--------|

Girls Varsity Softball

| | | |
|-----------------|---------------|--------|
| Thursday, May 1 | Regis | 5 p.m. |
| Monday, May 5 | at Boyceville | 5 p.m. |
| Tuesday, May 6 | Altoona | 4 p.m. |

Varsity Track

| | | |
|-----------------|------------|-----------|
| Thursday, May 1 | at Cornell | 4 p.m. |
| Tuesday, May 6 | at Gilman | 4:15 p.m. |

Varsity Golf

Boys Varsity Baseball

| | | |
|-----------------|----------------------|-----------|
| Thursday, May 1 | Tournament | 4:30 p.m. |
| Friday, May 2 | at La Crosse C. C. | 8:30 a.m. |
| Tuesday, May 6 | at Neillsville G. C. | 4:30 p.m. |

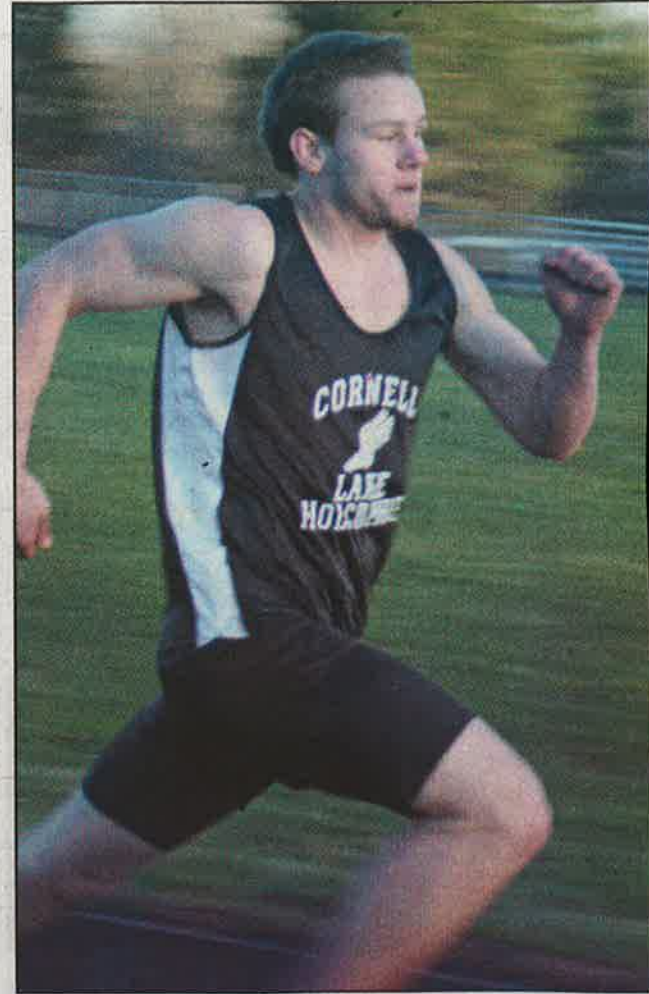
— Cornell-Lake Holcombe —

Girls Varsity Softball

| | | |
|----------------|--------------|--------|
| Friday, May 2 | at Birchwood | 5 p.m. |
| Tuesday, May 6 | at Winter | 5 p.m. |

Varsity Track

| | | |
|-----------------|------------|--------|
| Thursday, May 1 | Tournament | 4 p.m. |
|-----------------|------------|--------|



At the Ladysmith meet, Knight Travis Anderson earned the first place finish in the 200-meter dash. (Photo by Judy Teske)

Knights track comes in second to 'strong teams'

The Cornell/Lake Holcombe Knights Boys and Girls Track teams participated in the Bruce Invitational April 25. Knights coach Tim Sime said both teams came in second to "strong Chequamegon teams."

Junior Eric Nedland, freshman Colton Hetke and junior Dusty Boehm placed first, second and fourth in the 110-meter hurdles. Boehm, Nedland and Hetke also placed first, second and fourth in the 300-meter hurdles. Nedland also tied for first in the pole vault and Hetke took third in the high jump. Boehm placed fourth in the long jump.

Senior Travis Anderson jumped to a second in the triple and long jumps. The 4x800 relay team of sophomores Nick Halpin, Sam Peterson and Prestyn Strabley, and freshman Devin Lebal, also placed second.

Other relay teams placed well the coaches said, with the 4x400 meter team of Nedland, Hetke, Boehm and sophomore Matt Nedland running to a first place finish.

Senior Caleb White took fourth in the 800-meter run and fifth in the 1,600-meters, while freshman Nathan Parkhurst placed fourth in the 400-meter dash.

Coaches said the girls also had a very good night. Junior Danielle Gygi finished first in the high jump and 300 hurdles, and second in the 100-meter hurdles, earning her the Most Valuable Female Running Events award.

The 4x400 meter relay team of junior Thia Moreen, sophomore Elizabeth Sproul, senior Anna Burlingame and Lexi Moussette, a sophomore, finished first. This same team also ran a close second to the Chequamegon team in the 4x800 meter relay.

Moreen also finished first in the 400, as did Moussette in the 800. Burlingame placed second in the 1,600 and Sproul

threw to a second in the shot put and third in the 400.

Sophomore Sara Stender placed first in the triple jump, second in the long jump and 200, and third in the 100. Also a sophomore, Kayla Vavra had third place finishes in the 800 and the 1,600, as well as in the triple jump.

In other field events, senior Jordon Dixon won the girls discus. Gretchen Schroeder, junior, placed third in the pole vault with Moussette right behind her in fourth place.



In the 4x200 relay in the meet at Ladysmith, Knight Brent Hodowanic handed off to Brad Atnip. The other two members are Kyle Goltz and Prestyn Strabley. (Photo by Judy Teske)

Cadett golfers score



In the final race of the meet at Ladysmith, Elizabeth Sproul handed off to Lexi Moussette in the 4x400 relay. The other two Knights on the team are Thia Moreen and Kayla Vavra. (Photo by Judy Teske)



Cornell-Lake Holcombe Track & Field



Despite achieving his personal best, Knight Colton Hetke placed third in the track meet at Bruce.
(Photo by Judy Teske)

Knights middle school track team wins at home

The Cornell/Lake Holcombe Middle School boys and girls track teams hosted and won their outdoor invitational meet April 15.

"The weather was a little chilly but the teams warmed up quickly," said track coach Tim Sime.

Ashlyn Moore and Orianna Lebal finished first and second in the pole vault, while Aubrey Meddaugh and Taylor Hartzell did the same in the high jump. Rachel Omtvedt placed second in the shot put and discus.

Coaches said the jumping events continued to be a good source of points for the girls team as Isabel Dixon placed first in both the long jump and triple jump. Isabel Nedland took second in the triple jump and Kierra Walters did the same in the long jump.

For girls running events, Gabby Harp took first in the 100-meter hurdles, with Hartzell in second place and Meddaugh placing fourth. Harp finished fourth in the 100-meter dash.

The girls continued to score with Moore finishing second place in the 1,600-meter run. Walters and Isabel Dixon took first and second in the 400-meter dash with Walters also placing third in the 800-meter run.

Coaches Jason Jaenke and Jake Ebner said they were pleased with the effort the girls put forth. They were also very pleased with the boys efforts.

For the boys team, Dakota Popp, Paul Nedland and Chayse Turchen took the top three places in the pole vault. Andrew Brosted won the shot put followed by Dillan Johnson in second place. Josh Grape in third and Tristan Jones in fourth.



At Bruce, April 25, junior Eric Nedlund, on Cornell-Lake Holcombe's co-op track team, tied for first